


COCONUT LIME SUGAR SCRUB



INGREDIENTS

- * 1/4 C Coconut oil
- * 1 1/2 C raw sugar
- * 10 drops lime essential oil
- * 3- 4 oz glass jars

INSTRUCTIONS

- * Place the coconut oil in a small saucepan and melt over low heat
- * Once melted, take the liquid coconut oil off the heat and let cool for a few minutes
- * Add in the lime essential oil and mix well
- * If you like your scrub to be more grainy add more sugar

You may store at room temperature in an air tight container for up to 3 months. Use scrub to gently exfoliate skin and then rinse skin clean with warm water. Massage in oils left on skin for a soft, silky finish.